

VARSITY SPIRIT CAMP RULES

Any person attending camp must read and abide by the camp rules set forth by Varsity Spirit, as well as the rules of the camp location. Violation of these rules may result in an individual(s) and/or the entire squad's dismissal from camp. School officials may also be contacted pertaining to rule violations. Anyone dismissed from camp is not eligible for a refund.

SUPERVISION REQUIREMENTS

Day Camps (Non-Overnight Camps)

- One authorized Adult in Charge (coach, sponsor, another school employee, parent authorized to be the team chaperone, etc.) per team, 21 years of age or older, must always attend camp with participants (except Drum Majors) unless the venue requires a more restrictive minor-to-adult ratio.



Overnight Camps

- **Authorized Adult Supervision Requirement:** Varsity Spirit requires a **1:10 authorized adult** (coach, sponsor, school employee, or parent chaperone) to participant ratio. All authorized adults must be 21 or older, have an active USA Cheer/Dance Membership, and be registered for the camp through Varsity Spirit. This applies unless the venue requires a more restrictive minor-to-adult ratio. Drum Majors are exempt from this requirement.
- **During Instructional Camp Hours:** Each team must always have one authorized adult in charge present with participants. Varsity Spirit's instructional and administrative staff will also be present to ensure compliance with Varsity Spirit's required supervision ratios. For teams with over 30 participants, at least two authorized adults are required.
- **Outside Instructional Camp Hours:** Varsity Spirit's supervision requirement (1:10 authorized adult-to-participant ratio) must be maintained during all times other than instructional camp hours, including commuting, dining, accommodations, and open practice. If campers are staying overnight, the authorized adult(s) must also stay overnight on-site.

GENERAL CAMP RULES

- Participants must be in attendance and on time for all classes and camp functions.
- Walk in groups of two or more, with an Authorized Adult present
- Attendees are required to always wear their camp identification (where applicable at certain locations and will be provided at check-in).
- Varsity is not responsible for lost or stolen items. Valuables should be left at home.
- Attendees may only use cameras, imaging, and digital devices in areas where privacy is not expected.
- If an emergency occurs, dial 911 or contact the appropriate emergency number for your location and notify a member of Varsity Event Administration immediately.
- Attendees must obtain permission from Varsity Event Administration prior to hanging signs and decorations.
- Participants may only ride in cars while at camp with prior approval by the Authorized Adult and Varsity Event Administration.
- An Authorized Adult must accompany any minor who leaves camp for any reason. The Authorized Adult should contact a member of Varsity Event Administration prior to an athlete leaving camp for any reason.
- Prohibited conduct includes, but may not be limited to:
 - Bullying, initiations, or hazing of any kind.
 - Smoking, vaping, and/or the use or possession of alcohol and/or other illegal substances, including hemp and THC.
 - Fireworks, guns, and/or other weapons.
 - Crossing personal, physical, and other boundaries in a way that could reasonably be seen as harmful to others' mental, emotional, or physical well-being.
 - Cheering, chanting, stunting, tumbling, or dancing in areas not specifically designated for instructional classes and practice.
 - Jewelry of any kind during class at cheer camps.



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