



VARSITY SPIRIT
COVID-19 CAMP / CLINIC RULES
(Updated 11.15.22)

Below, you will find the guidance that we believe is necessary for each identified group to follow to conduct a safe and enjoyable camp/clinic.

CAMP/CLINIC VENUE/FACILITY

- Follow applicable state/county/city COVID-19 rules, restrictions, orders, and guidance for open businesses.
- Establish a designated holding area for any person(s) to go to if feeling ill or to isolate while coordinating exit from facility or transport offsite.

SCHOOL/ORGANIZATION

- These COVID-19 Camp/Clinic Rules are, where applicable to coaches and athletes, incorporated into the Varsity Spirit Camp/Clinic Rules.
- It is the School/Organization's sole responsibility to ensure its compliance with all state/county/city orders applicable to the School/Organization, including but not limited to health, safety and distancing requirements and travel restrictions.
- A coach or other authorized adult must always be present with their team(s) and responsible for the enforcement of the established rules, including recognizing when an athlete/attendee should be removed from the camp/clinic for signs/symptoms of COVID-19 or violation of rules.
- Additional rules/guidelines may be communicated prior to each camp/clinic, examples of which include whether parents/visitors are allowed, mask requirements, schedule adjustments due to capacity or other limitations, modified food service (for overnight camps), as well as other measures intended to provide a safe environment. The School/Organization must ensure any additional rules/guidelines are provided to all athletes/coaches/parents.

ALL PERSONS IN ATTENDANCE (VARSITY PERSONNEL, ATHLETES, COACHES, CHAPERONES, ETC.)

- Anyone who has symptoms of COVID-19 must remain home and follow the CDC guidelines regarding isolation.
- Anyone that develops symptoms while at the camp/clinic must immediately inform Varsity personnel and comply with the procedure of removal from the camp/clinic.
- Anyone with pre-existing conditions/compromised immune system should speak with their doctor and get clearance from their doctor before attending the camp/clinic.
- Athletes, coaches and Varsity personnel should be self-aware of symptoms of COVID-19 listed by the CDC.
- Masks are optional regardless of vaccination status, except where required by state, local or venue
- guidelines. If masks are required, the following mask exceptions apply:
 - Not required while actively eating.
 - Not required when stunting, tumbling or engaging in vigorous physical activity, unless otherwise required by state, local or venue guidance. Should state, local or venue guidance require masks be worn during stunting, tumbling or other vigorous physical activity masks should not impede vision or movement.
 - Not required if wearing one presents a safety hazard.

VARSITY SPIRIT PERSONNEL

- Will adhere to the COVID-19 Camp/Clinic Rules and Varsity Brands policies related to COVID-19.
- Will be trained on COVID-19 protocols in place and have name and contact info for designated COVID-19 point of contact for the camp/clinic.
- Spotting/safety procedures should not be minimized due to social distancing.

Safety is our priority for your camp/clinic experience. We are deeply committed to the safety and well-being of our athletes, coaches and parents. We are prepared to administer a camp/clinic that will meet the state and local guidelines related to COVID-19 at the time of the camp/clinic. While the final details and schedule could require up to the day adjustments, and all guidelines are subject to change based on state and local guidance, please be assured that Varsity Spirit is committed to delivering the same quality experience for which we are known. We appreciate your understanding of the flexibility this will require.